

Saint Parascheva

{Teacher's Edition}

Lesson Objective:

To have children become familiar with Saint Parascheva and her life. FEAST DAY – OCTOBER 14

Bible Reading:

Saint Parascheva Hears the Gospel

Then He called the crowd to Him along with His disciples and said: "Whosoever will come after Me, let him deny himself and take up his cross, and follow me." Mark 8:34

Explain to the children that when she heard this, because she was so wealthy, she felt she had to give away her belongings in order to follow Jesus

Saint Parascheva Life Highlights:

- 1 She was born in about 1050 in Epivat (in Thrace) near the Marmara Sea.
- 2 Her parents were very wealthy and she had many beautiful clothes.
- 3 When she was 10 years old, she went to church and the gospel reading she heard made her think, so she decided to change her life. She started giving away her beautiful clothes to poor people.
- 4 Her parents scolded her because they couldn't understand her, but she continued to give away her belongings to the poor. She joined a monastery and prayed.
- 5 After she died, her remains were brought to lasi in Romania. Many people go to lasi every year to celebrate her feast day. They believe she is a source of blessing for all those who call upon her in prayer.

Explain that since her remains are in Romania, all Romanians feel a special connection with her.



Activity:

- Have children complete the fill-in-the-blanks using the word bank. You
 will note that the questions are numbered according to the paragraph
 in the lesson.
- 2. Have the children colour the icon.

Prayer:

O Most Holy Trinity, have mercy on us, O Lord, blot out our sins, O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.